

*** 50 non-physical compliments for teens + tweens ***

- Your enthusiasm is energizing!
You see things with such a creative eye.
I am glad we got to chat, you're a great listener.
You brighten my life!
I admire how you include others.
That's cool you know so much about __.
You are crazy good at that!
You sense people's feelings.
I really enjoy spending time with you.
You are hilarious, I love laughing with you!
Your passion for this is inspiring.
You were on fire today—you set a personal record!
You see the good in everyone.
You fill my bucket when we're together.
You have great empathy for others.
I admire how you assert yourself.
You are a strong leader!
I like that I can trust you to be real with me.
I always look forward to seeing you!
You bring out the best in others.
I value your perspective.
Great performance in the game/concert/show!
You share wise advice.
You put people at ease so they open up.
You're someone that people know they can count on.
- I like how you notice small details.
You are dedicated to __ and it shows.
You face life fearlessly!
You make me feel seen.
You help others feel capable.
I love how you're authentically you.
You put a ton of effort into that, great work!
You show curiosity to understand others.
I appreciate how supportive you are.
You pick the most thoughtful gifts.
I like how you express yourself through your style.
I'm so proud of you!
You make the best __!
You are a genuine friend.
People appreciate your helpfulness.
I admire how you stay calm in confrontations.
Your project turned out amazing!
I respect how dedicated you are.
I'm glad to know you've got my back.
You are unstoppable!
I look up to you.
You make it look easy, but I know you've worked hard.
I'm grateful you'll listen without judgment.
You're so considerate, it means a lot.
You leave people feeling better than before.