

Ideas for Your *Word of the Year*

Empowerful *adjective* strong, confident, know you can (Empowerful Girls)

Self-trust *noun* reliance on [your] integrity, strength, ability, surety (Dictionary.com)

Mindful *adjective* aware of your body, mind, and feelings (Cambridge)

Curiosity *noun* desire to know (Merriam-Webster)

Assertive *adjective* certain of your abilities or value (Cambridge)

Resilient *adjective* recover from or adjust easily to change (Merriam-Webster)

Responsible *adjective* having good judgment and ability to make decisions on your own (Cambridge)

Magical *adjective* mysteriously enchanting (Dictionary.com)

Peaceful *adjective* calm and quiet (Macmillan)

Flexible *adjective* capability to adapt to new, different, or changing requirements (Merriam-Webster)

Create *verb* to evolve from one's own thought or imagination (Dictionary.com)

Secure *adjective* trustworthy, dependable (Merriam-Webster)

Purpose *noun* feeling of having a reason for what you do (Cambridge)

Enough *adjective* as in, You Are Enough (Empowerful Girls)

Discover *verb* gain sight or knowledge of (Dictionary.com)

Joy *noun* a state of happiness (Merriam-Webster)

Considerate *adjective* kind and helpful (Cambridge)

More Ideas for Your *Word of the Year*

Share *verb* to tell someone else about your thoughts, feelings, ideas, etc. (Cambridge)

Confident *adjective* being certain of your abilities (Cambridge)

Strong *adjective* especially able, competent, or powerful (Dictionary.com)

Worth *adjective* deserving something (Macmillan)

Fearless *adjective* bold or brave (Dictionary.com)

Perspective *noun* capacity to view things in their relative importance (Merriam-Webster)

Stand out *verb* to be easy to see or notice because of being different (Macmillan)

Centered *adjective* sensible, calm, and confident (Macmillan)

Inclusive *adjective* embracing; integrate all people (Dictionary.com)

Appreciate *verb* to understand that something is valuable (Cambridge)

Innovative *adjective* inventing or using new ideas, methods, equipment, etc. (Macmillan)

Capable *adjective* having the ability, power, or qualities to be able to do something (Cambridge)

Forgive *verb* to cease to feel resentment against (an offender) (Merriam-Webster)

Positive *adjective* full of hope and confidence (Cambridge)

Impact *noun* an effect, or an influence (Macmillan)

Shine *verb* to send out or reflect light (Cambridge)

Proud *adjective* having or showing self-respect or self-esteem (Dictionary.com)

Even More Ideas for Your *Word of the Year*

Simplify *verb* to make something less complicated or difficult (Macmillan)

Explore *verb* to search and discover (Cambridge)

Respect *noun* a sense of the worth or excellence of a person (Dictionary.com)

Breathe *verb* to pause and rest before continuing (Merriam-Webster)

Energy *noun* the power and ability to be physically and mentally active (Cambridge)

Cheer *verb* shouts of encouragement, approval, congratulation, etc. (Dictionary.com)

Ambitious *adjective* having a desire to achieve a particular goal (Merriam-Webster)

Imaginative *adjective* good at thinking of new, original, and clever ideas (Cambridge)

Connection *noun* a feeling that you understand, like, and are interested in someone or something (Cambridge)

Progress *noun* gradual betterment (Merriam-Webster)

Compassion *noun* sharing in the emotional experience of the other person with a desire to alleviate the person's distress (Merriam-Webster)

Boundaries *noun* the limit of what someone considers to be acceptable behavior (Cambridge)

Steady *adjective* not easily disturbed or upset (Merriam-Webster)

Persevere *verb* to continue trying to achieve something difficult (Macmillan)

Heal *verb* to make well again (Merriam-Webster)

Accomplish *verb* to finish something successfully or to achieve something (Cambridge)

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Word of the Year

